Dear Members,

We all are going through this pandemic Covid-19 and keeping ourselves as well as our families safe and healthy. Many of us are WFH going through some or the other stress.

Managing work life balance at home and still always smiling.

Since we are unable to meet for our monthly meetings in person, we now a days have a option for online meetings. We IASAP Committee always come up with some interesting sessions for our members,

This month we are inviting Ms. Devyani Kashyap to speak on Women, their mental health and Covid-19. She has over 20 years of hands-on experience as an independent Scientist - Practitioner in helping skills as well as research work. Her expertise in Psycho diagnostic methods, Psychotherapeutic guidance, and audits in various areas of human resource viz. recruitment, training and development, performance management and interpersonal relationships.

Date & Time

Friday 22nd May 2020 at 5.00 pm on ZOOM (Link will be shared

tomorrow)

Session will be for 30 mins followed by Q & A

Topic : "Women, Mental Health & Covid - 19"

Venue : Our comfortable zones in our own home ☺

RSVP : <u>dilnawaz15@gmail.com</u> / 90113 54955 - Dilnawaz Nekoo

nandedkarur@gmail.com / 9922950140 – Uma Nandedkar

(Please send your RSVP before tomorrow 11.30 am . This RSVP is only to know how the response will be . We need minimum 30 members at least to join the session or else we will have to call off. So please send your RSVP through e-mail or message)

Warm Regards, Uma Nandedkar Chairperson



Indian Association of Secretaries and Administrative Professionals (IASAP)

Pune Chapter